



# The Longs Peak Link

Resourcing Churches in North Colorado

June-July 2010 VOL 3 Issue 3



# GOSPEL SEEDS SOWING SUMMER

Summer is a great time to sow the seeds of the Gospel. Many of our existing churches utilize this time to get outside the walls of their church and do ministry and outreach in the community. We have three church plants this summer who are really using this summer to gain traction in reaching their community for Christ. Between the three church plants, there will be 10 mission teams working with them. In addition, John Howeth, Area Missionary, has invited

four collegiate summer mission interns to work with at least these three church plants. They will be spending six weeks in Fort Collins and three weeks with a church.

Our summer missionaries are:



Director of Missions  
John Howeth  
jhoweth@lpba.us

Administrative Assistant  
Tammy White  
twhite@lpba.us

Ministry Evangelism  
Coordinator  
Chris Watson  
cwatson@lpba.us

Hispanic Coordinator  
Oscar de la Cruz  
odelacruz@lpba.us

Church Planter Missionary  
Jim Misloski  
jmisloski@lpba.us

Church Strengthening Team  
Tommy Hinson  
tanhinson@gmail.com

Church Outreach Planting  
Team  
Howard Wenger  
pawenger@aol.com

Church Leader Care/  
Development Team  
Truman Parker  
alrctw@comcast.net

P.O. Box 755  
Loveland, CO 80539  
office@lpba.us

office: (970) 532-1083  
fax: (970) 532-2875

## Seize The Summer ...

Cost  
\$100 with  
\$50 return  
deposit

Warm weather presents many opportunities for community outreach. The Celebration Station complete with bounce house, popcorn & snow cone machines, and a portable sound system can be a useful tool. The cost is \$100 with \$50 refunded if the trailer is returned in good condition. Currently the trailer is scheduled for 16 dates of use. Call for availability.



# Networking Notes



John Howeth

Over the last year I've been running to stay healthy. For the first time in my life, I am running at least a 5K about 3 times a week. I ran in Loveland's Turkey Trot 5K last November and then surprising even me, I've entered the Bolder Boulder 10K. Even though my goal is to finish under 60 minutes, my goal usually is not "what" I run but "that" I run.



I am learning a lot about myself through running. I am learning when is the best time of day for me to run, what to eat/drink or what not to eat/drink before I run, and how to pace myself.

When I started running more than a 5K, I learned that I needed to hydrate every 15 minutes even if I'm not thirsty. If I wait to drink until I'm thirsty, it's too late; my body is already getting dehydrated. The same principle applies to being healthy as a pastor or ministry leader!

We all have various kinds of "gauges" that we have to check periodically personally. Those gauges are like gauges on a car. Just like we have gauges to check fuel, coolant, brake fluid, etc. We also have gauges we need to check such as our spiritual, physical, and emotional gauges. If we wait until we are near empty to replenish those "tanks", it may be too late.

A common symptom of running on empty in ministry is what is known as "burnout". Since I've served as your Associational Missionary, I have personally witnessed almost a handful of pastors or ministers who have suffered from burnout. It is best to detect burnout before it actually hits you!

Here are 5 indicators/warning signs of burnout:

*Exhaustion (easily tired & fatigued frequently)*

*Depression (a sense of hopelessness)*

*Micro-managing/perfectionism that leads to irritability & frustration*

*Paranoia or suspicion of others' motives*

*Withdrawal or isolation (statements like: "I cannot stand this" or "I'd rather be alone")*

One or two of these may not indicate that you are suffering from burnout but three or more might mean something is "going south."

Recently, I collaborated with another colleague in how to be a healthy leader. It is impossible to have healthy churches or ministries without being a healthy leader or minister.

Here are some suggestions of how to be or stay healthy:

Grow in your time & identity in Jesus (come aside with the Father in prayer and His Word . . . get your worth in Him)  
Be self-aware in your past & present (understand what triggers you & deal with those things from your past so you can have peace in your present)

Practice limits/boundaries daily & a Sabbath rest weekly (say "no" to the good/bad so that you can say "Yes" to the best & give yourself a full day to rest from activity)

Be involved in limits/Biblical accountability and supportive community (find a fellow minister or a triad to meet with for support & encouragement)

Too many pastors/ ministry leaders are flaming out in ministry. There are greater pressures on us than ever before. We must learn how to practice "soul-care" or we will not finish well. Truman Parker is available if you need help as well as Church Leader Care/Development Team.



LPBA Annual Fall  
Celebration

Sunday, Sept 19th

Southside Baptist  
Ft. Collins

Training Sports Camp sponsored by  
Immanuel Community Church  
June 13-17

Rolland Moore Park  
Registration: \$60

There is a \$10 discount for the first sibling, and a \$20 discount for any family members after that. Also, if you bring a friend with you, your friend gets a \$20 discount!



To Register go to:  
[www.rmcaa.net](http://www.rmcaa.net)





@insideoutchurch

# CHURCH PLANTERS

## on Mission



Nate and Erin Templin have been living in Fort Collins since June of 2009. They received a clear call from God to plant churches in Fort Collins in December of

2008.

Nate was born in Florida, lived in Virginia, North Carolina, Mexico, Colorado, Oklahoma, and Texas before returning to live in Colorado. His parents were missionaries in Mexico where Nate learned to speak Spanish.

Erin was born in Colorado, moved to Texas to

attend Dallas Baptist University. She taught Special Ed in Grand Prairie, Texas before becoming a full time mom and church planter's wife..

Nate and Erin envision a day when anyone hesitant about Christianity and who is outside church culture can encounter the real Jesus through a glimpse into the heart of people who have been transformed by Him from the inside out.


### Insights Into Successful Senior Living

- Sun, June 27- Derby Hill
- Mon, June 28- West Greeley
- Tues, June 29- Orchards Baptist
- Wed, June 30- Immanuel Community
- Thurs, July 1- Estes Park Baptist


Events include:  
Music, Skits,  
Character Studies,  
Mixers, and a Pot  
Luck Lunch



9:30 am to 1:30 pm




**2010**  
June 21-24  
Kids 3rd-6th Grade  
[ColoradoBaptists.org](http://ColoradoBaptists.org)



## Kids Camp Obi's Quest

for the Invisible Kingdom



**UPCOMING EVENTS ON  
THE CALENDAR...**

- 6/13 Father's Day
- 6/13-17 Sports Camp @ Immanuel
- 6/14-17 SBC Annual Meeting-  
Orlando
- 6/21-24 Kids' Camp 2010 Ponderosa
- 6/29-7/2 Summit Student Camp
- 7/4 Independence Day
- 7/12-14 DOM Retreat
- 7/19-23 Summit Student Camp



**JUNE**

- 8 Moises Aguirre
- 22 Sedonia Costa
- 28 Sonny Castilleja

**JULY**

- 5 Mark Edlund
- 12 Annette Mowery
- 22 Tom Formby
- 25 Felipe Matias
- 27 Chris Watson
- Colene Watson



*The purpose of the LPBA is to resource and network churches and ministries together as they make disciples of their world through gospel saturation and fulfill their distinct, God-given vision for carrying out the Great Commission.*

**Featured in this issue...**

- *Networking Notes*
- *Inside Out Church*
- *Upcoming Senior Events*
- *Summer Missionaries*
- *Utilizing Celebration Station for Summer Outreach*



P.O. Box 755  
Loveland, CO 80539

*Address correction requested*